

TRANSFORM YOUR RELATIONSHIPS START HERE

ANNOUNCEMENTS: Leader, please make these available to your group.

Parenting Workshop is designed for parents of elementary age children and teens who would like information and help about raising their kids. It will focus on areas like: what the Bible says, family, culture, discipline, communication, and leaving a godly legacy. There will be teaching in a workshop type atmosphere, as well as panel discussions and question/answer time. Also other relationship and parenting resources are available on our [Start Here](#) landing page.



Pilates for Purpose has two more meetings on October 16 and 30th. Minimum donation is \$10 and 100% of proceeds go toward filling the La Gloria Christmas Blessing Bags. [CLICK HERE TO DONATE](#). Encourage everyone to attend! Sessions begin at 9am in room 118.



Veteran's Celebration Picnic is in need of volunteers!!!! Saturday November 13 from 9-3:30. It's going to be a special time to celebrate our military families for the sacrifice they've made with a free concert and free BBQ. We need 75 volunteers to help! If you can help please [follow this link](#).



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Week 10 | The Chain Breaker | Genesis 4:1-15

JESUS IS THE CHAIN BREAKER

Have you ever thought about the stories in the Bible where Jesus broke physical chains that someone was bound by? For instance, there was the time when He crossed the Sea of Galilee to free the Gergesene man who was demon-possessed by Legion and bound in chains. Then there was the freeing of Peter when Herod had chained him. And also the liberation of Paul and Silas from the stocks in Philippi. One thing is for sure; Jesus is always setting people free!

But our chains aren't always physical. Sometimes they are emotional and spiritual. Even perhaps behavior patterns are passed down from generation to generation in a family. Jesus can break those chains too. In fact, if you're a Christian, you now live under the authority of Christ, and there's not a single chain that He can't break. As the Bible says, in Christ, you are more than a conqueror!

Leaders: Take your group through each section: Pray, Reflect, and Reach. Keep in mind the time allowances. In the Reflect section, feel free to focus on several of these questions instead of all as time allows.



PRAY (10 min)

As a Life Group, take time to consider what family patterns of sin Christ have freed you from. Take time to give thanks to God in prayer.



REFLECT (25 min)

As you've had the opportunity to reflect on what God has spoken to you through the lesson this week, consider these questions as a group and discuss them.

1. Is the idea of generational curses Biblical? Why or why not? What are generational consequences, and how are they created? How can we identify them in our lives?

Jesus is the chain breaker. Dysfunctional tendencies, toxic attitudes, generational consequences can all be broken by Him.

2. Sometimes we are unable to fully live in the present because we are stuck in the past. Perhaps it's an offense that hasn't been forgiven, wounds that haven't been healed, or a pattern of sin that hasn't been overcome. God is the Living God. He is the God of our past, our future, and our present.

What chains are you carrying into your present experience of God? According to the study, what small steps of faith and obedience can you take to experience God's power in breaking those chains, creating new patterns in your life and your family?

Don't let yesterday's chains hold you back from today's blessings.

3. As a Christian, you operate under the authority of Jesus and in His love. Christ's authority over your life overrides everything else. Because of this, instead of being overcome, you are an overcomer. Instead of being a victim, you are a victor.

Explain how this biblical truth enables you to overcome unhealthy and toxic behaviors and attitudes.

Yet in all these things we are more than conquerors through Him who loved us.

Romans 8:37



WEEKLY MEMORIZATION VERSE

Psalm 139:23-24

Search me, O God, and know my heart; try me, and know my anxieties; and see if there is any wicked way in me, and lead me in the way everlasting.



REACH (5 min)

Considering what God revealed to you this week, identify an unhealthy behavior or attitude in your life that has been a family pattern. Then, based on the study, follow the steps to address it and expect Christ to break chains and set you free.

Next week we will be anxiously waiting to hear about the freedom Christ has brought to you and the new work that He is doing in your life.

Dear Home Group Leader,

The following questions have been added to the Home Group curriculum to minister specifically to marriages. Even though not all of your people are married, please try to work these "Mindful of Marriage" questions in at the end of your meeting as they can benefit all.

If you don't have time to cover these questions in your meeting, please give the questions to the married couples as homework to do together. Thank you!

MINDFUL OF MARRIAGE...

- When you think about the topic of dysfunctional and generational tendencies in marriage, what types of behaviors seem most common?
- What are some effects caused by these chronic behaviors if they are left unchecked and unaddressed? How can they affect children?
- What part does forgiveness play in the healing process from these types of behaviors? Discuss the characteristics of forgiveness. (Is it instantaneous? Does it mean we are a doormat? etc.)
- When is it necessary to get help moving through some of these difficult situations? Where do you find resources?