

# JONAH

## GOD DEALS THE DETAILS FOR THE DESPONDENT

Week two Jonah 2



**ROCK BOTTOM:**  
What does it take for  
you to turn to God?

Leaders: Take your group through each section: Pray, Reflect, and Reach. Keep in mind the time allowances. In the Reflect section, feel free to focus on several of these questions instead of all as time allows.

Have you ever heard someone say, "We can do this the easy way or the hard way?" Normally, that's enough pressure to concede to take the easy path. But some of us aren't always easily swayed.

Jonah was determined to go the hard route and God was willing to take the ride with Him. Someone once said, "The hardest thing to believe isn't that there was a fish that was big enough to swallow a man, but that a man swallowed by a fish would resist God for three days." Talk about stubborn!

What does it take for you to turn to God when you get off track, or have determined to do things your own way? God will love you enough to apply the pressure and wrap you up in hard circumstances, not to hurt you, but to draw your heart back to His. You see, that's how much He loves you. But with that being said, wisdom still says that it's always better to go the easy way with God.



### WATCH

Play the video prepared for this lesson by Pastor Derek. Video sessions are available for download at [www.cclasvegas.org/GROUPS](http://www.cclasvegas.org/GROUPS)



### PRAY (10 min)

As a Home Group, take a moment and have a few people in your group share about a difficult time when they were on the run from God. Explain how God intervened and demonstrated His mercy.



### REFLECT (25 min)

As you've had the opportunity to reflect on what God has spoken to you through the lesson this week, consider these questions as a group and discuss them together.

1. Even when we don't see it, God is always working, He is. How can you remind yourself of that when your life feels shrouded by darkness or your feelings of discouragement are overwhelming? What Scripture verses remind you that God is always at work in your life? Share them.

***"Giving in to God isn't weakness it's wisdom."***

Derek Neider

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2. God corrects us because He loves us. Sometimes we misinterpret hard circumstances, thinking that they mean God is against us instead of for us. In those times that you were running from God and He chastened you, what were the most important lessons you learned? Take some time in your group and encourage each other with those lessons.

**Be honest if you're struggling in your relationship with God and ask your group to pray for you.**

***"My son, do not despise the chastening of the LORD, nor be discouraged when you are rebuked by Him; For whom the LORD loves He chastens, And scourges every son whom***

Hebrews 12:5-6

3. It was a miracle that Jonah was swallowed by a great fish, vomited up onto the shore (extreme sport) and landed right where he needed to be to get to Nineveh. God took Jonah's self-inflicted trial and turned it into a miracle.

**When has God turned a self-inflicted trial in your life into a miracle?**

4. In this story, the only thing more stubborn than Jonah was the love of God. Even in Jonah's rebellion God demonstrated mercy to the sailors that called on His name.

**What does that tell us about God's love and how do we incorporate His love for others into our daily lives?**

***"God can turn your self-inflicted trial into a miracle."***

Derek Neider



**REACH**

Considering what God revealed to you this week, how does Jonah's story encourage you to stay on track with God, to be obedient and to not run from His will in your life? Be specific about areas of obedience that you need to walk in.

**Next week we will be anxiously waiting to hear how your obedience to God was turned into a blessing!**